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| **The Actions**  |
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|  **s** | Weave hand in an *s* shape, like a snake, and say *ssssss* |
| **a**  | Wiggle fingers above elbow as if ants crawling on you and say *a, a, a*. |
| **t** | Turn head from side to side as if watching tennis and say *t, t, t.* |
| **i** | Pretend to be a mouse by wriggling fingers at end of nose and squeak *i, i, i.* |
| **p**  | Pretend to puff out candles and say *p, p, p.* |
| **n** | Make a noise, as if you are a plane - hold arms out and say *nnnnnn.* |
| **c k** | Raise hands and snap fingers as if playing castanets and say *ck, ck, ck*.  |
| **e** | Pretend to tap an egg on the side of a pan and crack it into the pan, saying *eh, eh, eh.* |
| **h** | Hold hand in front of mouth panting as if you are out of breath and say *h, h, h.* |
| **r** | Pretend to be a puppy holding a piece of rag, shaking head from side to side, and say *rrrrrr.*  |
| **m** | Rub tummy as if seeing tasty food and say *mmmmmm.*  |
| **d** | Beat hands up and down as if playing a drum and say *d, d, d.*  |
| **g** | Spiral hand down, as if water going down the drain, and say *g, g, g*. |
| **o** | Pretend to turn light switch on and off and say *o, o; o, o* |
| **u** | Pretend to be putting up an umbrella and say *u, u, u.*  |
| **l** | Pretend to lick a lollipop and say *l l l l l l.* |
| **f** | Let hands gently come together as if toy fish deflating, and say *f f f f f f.*  |
| **b** | Pretend to hit a ball with a bat and say *b, b, b.* |
| **ai** | Cup hand over ear and say *ai, ai, ai.* |
| **j** | Pretend to wobble on a plate and say *j, j, j.*  |
| **oa** | Bring hand over mouth as if you have done something wrong and say *oh!* |
| **ie** | Stand to attention and salute, saying *ie ie.* |
| **ee  or** | Put hands on head as if ears on a donkey and say *eeyore, eeyore.* |
| **z** | Put arms out at sides and pretend to be a bee, saying *zzzzzz.*  |
| **w** | Blow on to open hand, as if you are the wind, and say *wh, wh, wh.* |
| **ng** | Imagine you are a weightlifter, and pretend to lift a heavy weight above your head, saying *ng...*  |
| **v** | Pretend to be holding the steering wheel of a van and say *vvvvvv.*  |
| **oo oo** | Move head back and forth as if it is the cuckoo in a cuckoo clock,  |
|  | saying *u, oo; u, oo.* (Little and long oo.)  |
| **y** | Pretend to be eating a yogurt and say *y, y, y.* |
| **x** | Pretend to take an x-ray of someone with an x-ray gun and say *ks, ks, ks.* |
| **ch** | Move arms at sides as if you are a train and say *ch, ch, ch.* |
| **sh**  | Place index finger over lips and say *shshsh.* |
| **th th** | Pretend to be naughty clowns and stick out tongue a little for the *th*,  |
|  | and further for the ***th*** sound (*th*is and ***th***umb).  |
| **qu** | Make a duck's beak with your hands and say *qu, qu, qu.* |
| **ou** | Pretend your finger is a needle and prick thumb saying *ou, ou, ou.*  |
| **oi** | Cup hands around mouth and shout to another boat saying *oi! ship ahoy!*  |
| **ue** | Point to people around you and say *you, you, you.*  |
| **er** | Roll hands over each other like a mixer and say *ererer.* |
| **ar** | Open mouth wide and say *ah*. (UK English) Flap hands as if a seal,  |
|  | and say *ar, ar, ar.* (US English)  |

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